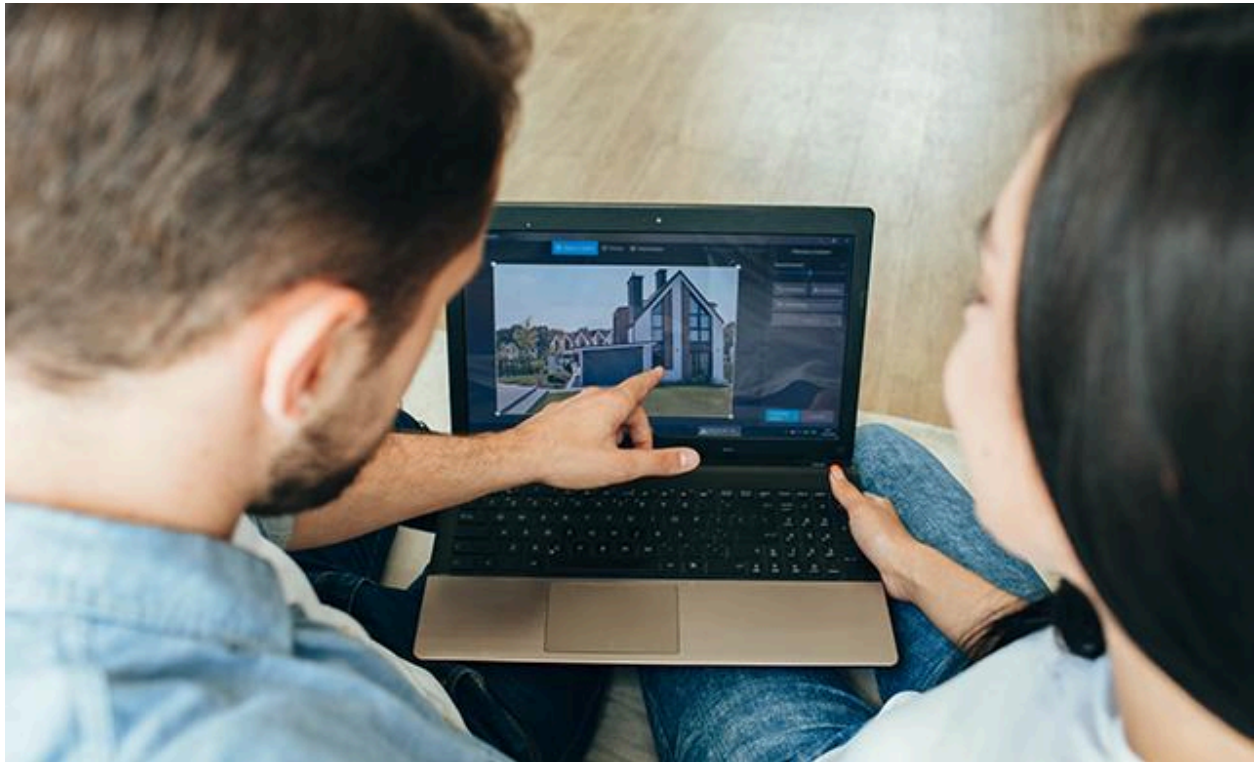


Stress Less When Buying or Selling a Home

August 08, 2023 | Texas REALTORS® Staff



Real estate transactions often involve large sums of money and emotional decisions, so it's no wonder people get stressed. Consider these strategies to help you move through the process with ease.

Clarify Your Goals

What is your main motivation for buying or selling? Clarity helps you avoid anxieties brought on by distractions. For example, if your top reason to move is more space for your family, you won't face a difficult decision when you tour a house with beautiful features but no more space than your current home.

Get Time On Your Side

When possible, build in enough time to avoid spur-of-the-moment decisions or unrealistic deadlines. Yes, external factors like a job relocation or a hot market can necessitate quick responses, but there's a difference between being prepared to act and setting arbitrarily short time frames. Remember, a successful transaction requires coordination with the other party and providers such as title companies, inspectors, surveyors, and others. Just because you can move quickly doesn't mean everyone else can meet that timeline.

Focus On Positives

You may experience a few bumps on the path toward your home purchase or sale. Simply being aware that surprises may pop up can relieve some pressure when they do. When challenges do arise, balance out those concerns by remembering the positives of moving, such as fresh opportunities, a beneficial transaction, and new friends.

The best way to avoid stress when buying or selling a home is to work with a REALTOR®. Your REALTOR® is the professional who can guide you through the steps to achieve your real estate dreams.